



2017/18 Minicamp Project Funds and Materials

Minicamp Project funds and materials are available to help jump-start a new Fuel Up to Play 60 Program at your school.

How to Apply

It's as easy as 1-2-3! Complete the following steps and work towards becoming a Fuel Up to Play 60 Touchdown School this year:

- ★ 1. **Draft Players** - Form a student team and draft key players at your school.
- ★ 2. **Survey the Field** - Work with students to complete the online School Wellness Investigation at FuelUptoPlay60.com
- ★ 3. Select one **Healthy Eating Dairy Play** and one **Physical Activity Play** below based on your survey results.



Healthy Eating Dairy Play Options

The following options can be used to accomplish these 2017/18 FUTP60 Healthy Eating Plays:

- Breakfast for Everyone - First Meal Matters
- It's All About Your Choices - Go Nutritious
- Snack Smarter Schoolwide
- Farm to School - Know Your Foods

Option 1: Smoothie of the Month Events

This option includes: Blender Equipment Kit and \$200 for ingredients and supplies.
Description: School will implement multiple smoothie taste test events during the school year featuring milk, yogurt and other ingredients as determined by the student team.



Option 2: Wisconsin Cheese Sampling Events

This option includes: FUTP60 Wisconsin Cheese Sampling Kit and \$300 for samples and supplies.
Description: School will implement multiple cheese sampling events during the school year featuring Wisconsin cheeses selected by the student team.



Option 3: Wisconsin Farm to School Day Events

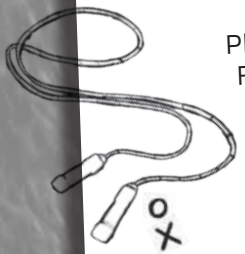
This option includes: FUTP60 Wisconsin Cheese Sampling Kit and \$300 for samples and supplies.
Description: School will implement multiple Wisconsin Farm to School Dairy Days Events during the school year featuring a variety of Wisconsin dairy products and local seasonal fruits and vegetables selected by the student team.



Physical Activity Play Options

Plan a free or low-cost physical activity by choosing one of the following plays. Utilize the Fitness Deck, Toss-Around Trivia Ball, or Mini Trackers included in your Program Advisor Resource kit to help you and your student team accomplish the selected play:

- In-Class Physical Activity Breaks - Good for Brain and Body
- Recess Refresh
- All In, All Abilities - Activate Your School!





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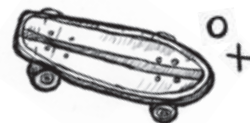
Game Plan



Describe details of the Healthy Eating Dairy Play option you and your student team will implement at your school:

X _____

I agree to submit a Success Story and picture of my event on FuelUptoPlay60.com



Contact Information:

School _____
Program Advisor _____
Address _____ Wisconsin Zip _____
City _____
Email _____
Phone _____

Complete online at WisconsinDairyCouncil.com/Minicamp.

Your Wisconsin Dairy Council regional program manager will contact you to discuss and approve your plan.

Fuel Up to Play 60 schools may also apply ONLY if they have not received any additional funding during 2017/18. More information about Fuel Up to Play 60 and the online Playbook can be found at:

FuelUptoPlay60.com ←



Funds are limited. Apply today! ★



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